

Žensko Čamče

(Macedonia)

This is a women's dance from the Demihisar-Bitola region of Macedonia.

Pronunciation: DZEHN-skoh CHAHM-cheh

Music: 7/8 meter, counted 1 2 3 *Makedonski Narodni Pesni i Ora, Stockton Folkdance Camp 2011, Band 13*

Formation: Open circle; hands joined in W-position.

Step & Styling: Čukče: A low hop in which the ball of the foot remains on the floor.

<u>Meas</u>	<u>7/8 meter</u>	<u>Pattern</u>
		<u>INTRODUCTION.</u> None.
	I.	<u>FIGURE I</u>
1		Facing ctr, wait (cts <u>1</u> -3).
2		Step L fwd twd ctr (ct <u>1</u>); step R in place and pliè (cts 2,3).
3		Čukče on R twice, bringing L ft to side of R calf with circular motion (cts <u>1</u> ,2); step L to L (ct 3).
4		Step R in front of L (ct <u>1</u>); step L back (cts 2-3).
5		Čukče on L twice, lifting R knee up in front (cts <u>1</u> ,2); step R to R (ct 3).
6-8		Repeat meas 2-4.
9		Facing LOD, Čukče on L twice, lifting R knee up in front (cts <u>1</u> ,3); step R fwd (ct 3).
10		Step L fwd (ct <u>1</u>); Čukče on L (ct 2); step R fwd (ct 3).
11		Repeat meas 10.
12-21		Repeat meas 2-11.
22-28		Repeat meas 2-8.
	II.	<u>FIGURE II</u>
1-2		6 steps fwd R-L-R,L-R-L (cts <u>1</u> ,2,3, <u>1</u> ,2,3)
3		Facing ctr, lift on L (ct <u>1</u>); step R to R (cts 2,3).
4-6		Repeat Fig I, meas 2-4.
7		Čukče on L, bringing R knee up in front (ct <u>1</u>); step R to R, bringing L knee up (cts 2,3).
8		Step L in place (ct <u>1</u>); Čukče on L, bringing R knee up (cts 2,3).
9-16		Repeat meas 1-8.

Žensko Čamče — continued

III. FIGURE III

- 1-2 6 steps fwd R-L-R,L-R-L (cts 1,2,3,1,2,3)
- 3 Step R fwd (ct 1); step L fwd (cts 2,3).
- 4 Facing ctr, step R to R (ct 1); step L behind of R, pliè (ct 2); step R to R (ct 3).
- 5 Lift on R, start bringing L ft to side in circular motion (cts 1-3).
- 6 Čukče on R, keep bringing L ft to back (cts 1-3).
- 7 Step L bkwd (ct 1); step R next to L (cts 2-3).
- 8 Step L fwd (ct 1); Čukče on L, bringing R knee up and face RLOD (cts 2-3).
- 9-32 Repeat meas 1-8 three more times (four total).
- 33-34 6 steps fwd R-L-R,L-R-L (cts 1,2,3,1,2,3)
- 35 Step R fwd (ct 1); step L fwd (cts 2,3).
- 36 Facing ctr, step R to R (ct 1); Čukče on R, bringing L knee up in front (cts 2-3).

Sequence:

Presented by Fusae Senzaki-Carroll