

Oj Dimitro Le

(Northwest Bulgaria)

This is a dance from Northwest Bulgaria that Yves learned from Belčo Stanev.

Pronunciation: oy dee-MEE-troh leh Translation: Oh, Dimitra (woman's name)

Music: 2/4 meter *Yves Moreau Stockton FDC 2013, Track 2*

Formation: Mixed lines. Hands joined down in V-pos. Face ctr, wt on L ft.

Steps & Styling: Light and happy.

<u>Meas</u>	<u>2/4 meter</u>	<u>Pattern</u>
16 meas		<u>INTRODUCTION.</u> No action.
	I.	<u>BASIC TRAVEL STEP.</u> (Lyrics)
1		Facing ctr, step R to R, tilting upper body slightly R (ct 1); step L next to R, straightening upper body (ct 2).
2		Repeat meas 1.
3		Facing CCW, step fwd R (ct 1); light hop on R (ct 2).
4		Step L fwd (ct 1); light hop on L (ct 2).
5		Facing ctr, step sdwd R to R (ct 1); step L behind R (ct 2).
6		Step R in place (ct 1); light hop on R (ct 2).
7		Step L in place (ct 1); light hop on L (ct 2).
8		Repeat meas 5.
9		Step R in place (ct 1); step L in front of R (ct 2).
10		Step R in place (ct 1); step L next to R (ct 2).
11		Step R in front of L (ct 1); step L in place (ct 2).
12-27		Repeat meas 3-11, three more times.
	II.	<u>FORWARD & BACK WITH STAMPS & LEG EXTENSIONS.</u> (Instrumental)
1		Facing ctr, step R fwd (ct 1); light hop on R (ct 2).
2		Step L fwd (ct 1); light hop on L (ct 2).
3-4		Four light running steps fwd R, L, R, L (cts 1, 2, 1, 2).
5		Step R fwd, swinging arms fwd with straight elbows (ct 1); light lift on R (ct 2).
6		Step L bkwd, swinging arms bkwd with straight elbows (ct 1); light lift on L (ct 2).
7		Stamp R next to L without wt (ct 1); stamp R next to L again without wt (ct 2).
8		Stamp R next to L a third time without wt (ct 1); pause (ct 2). <u>Note:</u> on the three stamps of meas 7-8, dancers shout "Heeh-Hah-Hah!"

Oj Dimitro Le — continued

- 9-10 Move bkwd 4 steps, away from ctr R, L, R, L (cts 1, 2, 1, 2).
 11 Step R in place (ct 1); light hop R (ct 2).
 12 Step L in place (ct 1); light hop L (ct 2).
 13 Small but heavy step R, simultaneously extending L leg fwd, slightly off ground, and extending arms fwd, straight elbows (ct 1); pause (ct 2).
 14 Retract L ft sharply next to R, taking wt, and simultaneously extending R leg bkwd and slightly off the ground and extending arms bkwd (ct 1); pause (ct 2).
 15 Brush R heel fwd, extending R leg fwd and up, bending knee and extending arms fwd (ct 1); begin to retract R leg bkwd in a “back bicycle” fashion (ct 2).
 16 Sharp low stamp with R next to L without wt, arms returning to V-pos (ct 1); pause (ct 2).

ENDING

- 12 Stamp R next to L without wt (ct 1); pause (ct 2).
 13 Repeat meas 12.

Presented by Yves Moreau

Sequence:

Fig I, Fig II, Fig I, Fig II, Fig I, Fig II, Fig I, Ending

Lyrics

// Oj Dimitro le, ruso koso momiče, Ja idi kaži na majka si, Dimitro //	Oh Dimitra, young blonde maiden Go and tell your mother, Dimitra
// Aj da ne ražda druga moma kato teb, Aj da ne bori drug siromak kato men //	Not to give birth to another girl like you and fight a poor guy like me
// Oj Dimitro le, ruso koso momiče, Az šte te čekam do večera, Dimitro //	Oh Dimitra, young blonde maiden I will wait for you tonight
// Sâs zlaten prâsten i kolanče, Dimitro na stara majka mila snaha da stane //	With a golden ring and belt, Dimitra you'll be my old mom's daughter-in-law