

# Circular

(Brazil)

Pronunciation: seer-coo-LAHR

Music: 4/4 meter *Brazilian Soul*, Track 2

Formation: Individuals facing ctr of circle, hands joined in V-pos.

<u>Meas</u>	<u>4/4 meter</u>	<u>Pattern</u>
	<u>INTRODUCTION.</u> No action. Start the dance when the full band begins.	
	I. <u>SMALL GRAPEVINE</u>	
1	Step L slightly in front of R while joined arms are raised to head height in front (ct 1); small step R to R while bringing hands down to V-pos (ct 2); step L slightly behind R while extending joined hands slightly bkwd (ct 3); small step R to R while bringing hands to V-pos (ct 4).	
2-4	Repeat meas 1 three times.	
	II. <u>LARGE GRAPEVINE</u>	
5	Step L in front of R, facing slightly diagonally R (ct 1); step R to R, facing ctr (ct 2); step L behind R, facing diagonally L (ct 3); step R to R, facing ctr (ct 4). Arms remain in V-pos throughout.	
6-8	Repeat meas 5 three times. On the final meas, the last count is a touch instead of a step so R is free.	
	III. <u>TRIPLETS TO CENTER AND STEPS BACKING UP</u>	
1	Two triplets moving to ctr: step R fwd (ct 1); step L fwd next to R (ct &); step R fwd (ct 2); step L fwd (ct 3); step R fwd next to L (ct &); step L fwd (ct 4).	
2	Repeat meas 1.	
3	Four steps (R, L, R, L) backing away from ctr (cts 1-4).	
4	("Circular") Step on R next to L (ct 1); and hips swing in a CCW circle – out to L, fwd, back to R, bkwd (cts 2-3). Take wt completely onto L (ct 4).	
5-8	Repeat meas 1-4.	
	IV. <u>FREESTYLE</u>	
1-8	Drop handhold and dancers move freely with triplets or grapevine or simple Walking steps, spinning if desired. Hands swish the skirt. Arms may be raised and hands may wave. At the end of these meas dancers re-form the circle and join hands in V-pos.	

Sequence: Fig I, Fig II, Fig III, Fig IV, Fig III  
 Fig I, Fig II, Fig III, Fig IV, Fig III, Fig III

Presented by Lucia Cordeiro

### Lyrics

#### **CIRCULAR**

(Luiz Guima e Camila Costa)

É circular a imensidão, é circular  
 É circular da palma da mão, é circular  
 A solidão, o silêncio, a partida,  
 O sim e o não, o cordão grão da vida  
 E a missão de chegada e saída, é circular

É circular a folha no vento, é circular  
 É circular o tamanho do tempo, é circular  
 O novo, a mãe, coração som da vida  
 E o girassol, a leitura do disco  
 E a visão da maior das estrelas, é circular.

A semente da terra é, serpentina e chaminé  
 A aldeia da gente, Pajé, Presidente, é circular  
 Brincadeira de roda é, a tendência da moda é  
 Adormece e acorda o mundo dá volta, é circular.

Circular pelas rodas de samba  
 Assim como faziam os nossos pais  
 E ter cada vez mais a certeza  
 da canção que ouvi há tempos atrás.

A saia da Baiana é, o pandeiro e o cafuné  
 A sequência da lua que muda a figura, é circular  
 A dor de cotovelo é, a palmilha que encaixa o pé  
 Sendo fraco ou forte a vida e a morte, é circular.

#### **CIRCULAR**

(Luiz Guima and Camila Costa)

The immensity is circular, it is circular  
 The palm of your hand is circular, it is circular  
 Loneliness, Silence, Departure  
 Yes and no, the stringed grain of life  
 And the mission of arriving and leaving, it is circular

Circular is the leaf in the wind, it is circular  
 Circular is the length of time, it is circular  
 The new, the mother, the heart sound of life  
 The sunflower, the reading of a record  
 And the vision of the largest star, it is circular.

The seed of the earth is, serpentine and chimney  
 Our village, the witch doctor, the President, is circular  
 Playing ring-around-a-rosy is, the trend of fashion is  
 Sleeping and waking, the world going round, is circular

To circulate in the samba circle  
 Like our parents used to do  
 And to be ever more certain  
 Of the song I heard in the past.

The Baiana's skirt is, the tambourine and gentle  
 stroking of one's head  
 The sequence of the moon that changes its shape is  
 circular  
 Jealousy is the inner sole that encloses the foot  
 Being weak or strong, life and death is circular.