Berovsko Za Pojas

(Macedonia)

This dance is from Berovo, Delčevo, in the Maleševo region of Macedonia. It is danced on many occasions such as a Slava, weddings, picnics, etc. to communal gatherings and religious holidays.

Pronunciation: BEH-rohv-skoh za POH-yahs

Music: 4/4 meter Makedonski Narodni Pesni i Ora, Stockton Folkdance

Camp 2011, Band 15 (mislabeled #16)

Formation: Mixed line with belt hold V-pos.

Meas	<u>4/4 m</u>	<u>Pattern</u>
4 meas		<u>INTRODUCTION</u> . Wait 4 meas or dancing can begin at the beginning of a phrase.
	I.	<u>FIGURE I</u>
1		Facing diag LOD, hop on L (ct 1); step R fwd (ct &); step L fwd (ct 2); small steps fwd R-L-R (cts 3,&,4).
2		Small steps fwd L-R-L (cts 1,&,2); step R fwd and face ctr (ct 3); hop on R and bring L knee up in front (ct 4).
3		Facing ctr, step L to L (ct 1); hop on L (ct 2); step R in front of L (ct &); step L to L (ct 3); hop on L and bring R knee up in front (ct 4).
4		Step R to R (ct 1); hop on R and bring L knee in front (ct 2); repeat cts 1-2 with opp ftwk (cts 3,4).
5-8		Repeat meas 1-4 six times. On 7th repetition, meas 4, ct 3-4, do L-R-L instead of step L, hop L.
	II.	<u>FIGURE II</u>
1		Facing ctr, step R to R (ct 1); hop on R and bring L knee up in front (ct 2); repeat cts 1,2 with opp ftwk (cts 3,4).
2		Hop on L (ct 1); step R next to L (ct &); step L in place (ct 2); repeat cts 1,&,2 (cts 3,&,4).
3		Step R to R (ct 1); hop on R and bring L knee up in front (ct 2); step L next to R (ct &); repeat cts 1,2,& (cts 3,4,&).
4		Step R in place (ct 1); hop on R and bring L knee up in front (ct 2); step L-R-L in place (cts 3,&,4).
5-8		Repeat meas 1-4 twice.
	III.	FIGURE III
1		Facing diag LOD, hop on L (ct 1); step R fwd (ct &); step L fwd (ct 2); small steps fwd R-L-R (cts 3,&,4).

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2	Small steps with L-R-L fwd (cts 1,&,2); small steps with R-L fwd (cts 3,&); leap onto R in front of L to RLOD (ct 4).
3	Repeat Fig 1, meas 3, cts 1,2,& (cts 1,2,&); step L to L (ct 3); step R to L (ct &); leap onto L to L and bring R knee up in front (ct 4).
4	Step R to R (ct 1); hop on R and bring L knee up in front (ct 2); step on L-R-L in place (cts 3,&,4.)

5-8 Repeat meas 1-4 to the end of the music.

Presented by Fusae Senzaki-Carroll