

Believe

(Japan)

This is a modern Japanese recreational dance done in pairs. If there are enough dancers, this can be done as a mixer; otherwise it can be a dance for couples who remain together. Because movements are not done in any traditional ballroom position, this is an ideal dance for two women to do together. This description will refer to M and W.

Music: 4/4 meter *Japanese Music CD, Track 14 (Biri Bu)*

Formation: Pairs of dancers facing ctr in a single circle. Hands free at sides.

Meas 4/4 meter Pattern

2 meas INTRODUCTION. No action.

I. STEP-TOGETHER-STEP TOUCH

1 Beg with R and moving CCW, step-together-step-touch (R, L, R, touch L). R arm moves from L to R at waist height (cts 1-4).

2 Repeat meas 1 with opp ftwk, arm movement, and direction.

3-4 Repeat meas 1-2, but arms are held higher, and the palm faces out, like a windshield wiper or waving hello

II. GRAPEVINES

1 Holding hands in V-pos, 4 grapevine steps moving CCW (cts 1-4), starting R to R (ct 1); L in front of R (ct 3), etc.

2 3 grapevine steps continuing CCW (cts 1-3); touch L in place (ct 4).

3 Repeat meas 1 but the grapevine steps starts L to L (ct 1); R behind L (ct 3), etc.

4 Repeat meas 2 with opp ftwk and direction, continuing meas 3.

III. MOVING TO CENTER AND BACK OUT

1 Four steps twd ctr beg R (cts 1-4).

2 Sway R while joined arms rise above head to R (cts 1-2); sway L while joined hands remain above head and move to L (cts 3-4).

3-4 Repeat meas 1-2, but walk bkwd away from ctr on meas 3.

IV. SMALL CIRCLE WITH PARTNER (THEN WITH NEW PARTNER)

1-2 Holding hands across with ptr (the W on the M's R), walk 8 steps and rotate CW as a cpl.

3-4 Holding hands across with ptr, walk 8 steps and rotate CCW as a cpl.

IF DOING THIS IS A MIXER: Join hands with corner (the W on M's L), walk 8 steps and rotate CW as a cpl. End with this W on the M's right and she will be his new partner.

Presented by Iwao Tamaoki

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Lyrics

The song was originally released in 1998 as one of the ending theme songs for a TV documentary series. It has since been included in school music textbooks and sung by many, especially at school concerts and graduation ceremonies. When the earthquake and tsunami affected so many, this song become one of the theme songs to encourage people to unite and work together.

Tatoeba kimiga kizutuite	Let's say you are hurt.
Kujikesooni nattatokiwa	And when you feel like just giving up
Kanarazubokuga sobaniite	I'll always be around
Sasaeteageruyo sonokatao	To carry the burden with you

Seikaijyuuno kiboonosete	Strength comes from everyone's hope
Konotikyuwa mawatteru	Our planet spins
Imamiraino tobiraoakerutoki	When we open the gate to the future
Kanashimiya kurushimiga	And overcome sorrow and suffering
Itunohika yorokobinikawarudarou	We will someday be filled with joy
I believe in future shinjiteru	I believe in the future, I believe.

Moshimodarekaga kiminosobade	Let's say you see someone
Nakidashisouni nattatokiwa	Who is overwhelmed, tears welling up
Damateudeo torinagara	Would you quietly take his hands
Issyoniaruite kureruyone	And just be with him?

Sekaijyuuno yasashisade	We want to surround this planet
Konotikyuuo tsutsumitai	with all the kindness in the world.
Imasunaona kimotininarerukara	Let's be true to our feelings.
Akogareya itoshisaga	Our admiration and love
Oozorani hajiketehikarudarou	Will burst open and sparkle in the sky.
I believe in future shinjiteru	I believe in the future, I believe

Imamiraino tobiraoakerutoki	Let's open the gates to the future.
I believe in future shinjiteru	I believe in the future, I believe.