

Banjo Contra

(Contra)

Music: 4/4 meter Any 32-bar reel or
Blue Star BS 1739, BS 1994, or LP 1029

Formation: Duple-minor improper longways sets

Meas 4/4 meter Call

- 1-2 Banjo with the one below, men forward go.
- 3-4 Sidecar back to place you know, face the girl.
- 5-6 Heel and toe here we go, heel and toe back you go.
- 7-8 Heel and toe here we go, heel and toe back you go.
- 9-10 Do-sa-do the same girl you know.
- 11-12 With the same girl swing.
- 13-14 With the couple across, circle four to the left.
- 15-16 Left-hand star with the same four.

Teaching the dance:

- 1-2 Actives face the one below and join both hands taking Butterfly Banjo Position (R hips adjacent). M walk forward; W walk backward. At the end, pivot in place and take Sidecar Position (L hips adjacent).
- 3-4 In Sidecar Position, M walk forward, W walk backward, returning to original positions, face to face.
- 5-6 Starting with M's L and W's R and moving toward the M's left side, touch heel, touch toe, then a "step-together-step" sideways. Repeat the action with the opposite foot in the opposite direction.
- 7-8 Repeat meas 5-6.
- 9-10 Walk fwd, passing R shoulders; step to the R; back up passing L shoulders.
- 11-12 Swing with the same person; end with the W on the R of the M and facing across the set toward the other couple.
- 13-14 Form a circle of four dancers and move CW, to the left, returning to the same position.
- 15-16 The same four dancers make a left-hand star and walk around once CCW until they are back in long lines, all facing a new person.

Remind new dancers that the ends will wait out one sequence to cross over and be ready to start again.

Presented by Jerry Helt