

Basic with Rock Step Salida

(Argentine Tango)

http://www.youtube.com/watch?v=KCQsMoZW_Uw&feature=youtu.be

Basic Rock Step Salida (*even counts*)

Man: Begin with feet together in parallel pos, wt on R, L ft free.

<u>Count</u>	<u>Movement</u>
1	Shift wt fwd to ball of L ft without lifting R heel, stepping just halfway past W's L ft.
2	Shift weight to back R ft.
3	Step L to L CCW to pivot W, first touching ankles together in passing.
4	Step R fwd and outward to W's R side, gently touching W's outside R thigh, M's R ft next to W's R ft.
5	Step L fwd across R next to W's L.
6	Step R straight fwd inserting R beside L side of L.
7	Step L fwd slightly between W's ft.
8	Step R to R, turning approximately $\frac{1}{4}$ CCW to achieve pivot.
1	Step L next to R.

Woman: Begin with feet together in parallel pos, wt on L, R ft free.

<u>Count</u>	<u>Movement</u>
1	Shift wt bkwd to ball of R ft without lifting L heel.
2	Shift wt fwd onto L.
3	Step R to R CCW to pivot, first touching ankles together in passing.
4	Step L bkwd, first touching ankles together in passing.
5	Step R bkwd across L.
6	Step L straight bkwd across to R side of R ft, shifting wt to ball of L ft.
7	Step R bkwd.
8	Step L to L, brushing ankles together and turning approximately $\frac{1}{4}$ CCW to achieve pivot.
1	Step R next to L.

Basic with Rock Step Salida — continued

Basic Rock Step Salida (*syncopated*)**Man:** Begin with feet together in parallel pos, wt on R, L ft free.

<u>Count</u>	<u>Movement</u>
1	Shift wt fwd to ball of L ft without lifting R heel, stepping just halfway past W's L ft.
&	Shift wt bkwd to R ft.
2	Step L to L CCW to pivot W, first touching ankles together in passing.
3	Step R fwd and outward to W's R side, gently touching W's outside R thigh, M's R ft next to woman's R ft.
4	Step L fwd next to W's L.
5	Step R next to L.
6	Step L fwd slightly between W's ft.
7	Step R to R, turning approximately $\frac{1}{4}$ CCW to achieve pivot.
8	Step L next to R.

Woman: Begin with feet together in parallel pos, wt on L, R ft free.

<u>Count</u>	<u>Movement</u>
1	Shift wt bkwd to ball of R ft without lifting L heel.
&	Shift wt fwd onto L ft.
2	Step R to R CCW to pivot, first touching ankles together in passing.
3	Step L bkwd, first touching ankles together in passing.
4	Step R bkwd.
5	Step L bkwd on the R side of the R ft, shifting wt to ball of L ft.
6	Step R bkwd.
7	Step L to L, brushing ankles together and turning approximately $\frac{1}{4}$ CCW to achieve pivot.
8	Step R next to L.



Presented by Pampa Cortés