

Syrtòs Kitrinou

(Greek)

This dance was choreographed by Maurits and Tineke van Geel in 2009. The leader calls the changing of the figures. The song is a Greek Gypsy folk song, *Nais Balamo*. This song was originally sung by Giorgos Katsaris, the music and the lyrics by Dionysis Tsaknis. This particular version is sung by Eleni Vitali.

Pronunciation: seer-TOHS KEE-tree-noo (Greek) seer-TOH kee-TREE-noo (van Geels)
Note: “kitrino” is the word in Greek for “yellow”; “Geel” means “yellow” in Dutch.

Music: 4/4 meter *Ethnic Festival 2011 CD, Track 6*

Formation: Mixed open circle, facing center, hands joined in W-position.

Steps & Styling: Softly bouncing throughout the dance.

<u>Meas</u>	<u>4/4 meter</u>	<u>Pattern</u>
4 meas	<u>INTRODUCTION</u> . No action.	
I.	<u>FIGURE 1</u>	
1	Bounce on L, lifting R from the floor at the end (ct &); step R to R and hold (cts 1); step L behind R (ct 2); step R to R (ct 3); step L in front of R (ct 4).	
2	Touch R fwd (ct 1); lift and swing R lower leg slightly to R above the floor (ct 2); swing R slightly to L above the floor in front of L (ct 3); swing R slightly to R above the floor (ct 4).	
3	Bounce on L (ct 1); swing R a little further to the side and behind L, and step R across behind L (ct 2); bounce on R and swing L sideways and behind R (ct 3); step L behind R (ct 4).	
4	Bounce on L, lifting R to R (ct 1); step R to R (ct 2); step L in front of R (ct 3); step R to R (ct &); step L across in front of R (ct 4).	
II.	<u>FIGURE 2</u>	
1-2	Repeat Fig 1, meas 1-2.	
3	Bounce on L (ct 1); swing R a little further to the side and behind L, and step R behind L (ct 2); touch L fwd (ct 3); bounce on R and swing L slightly to R above the floor in front of R (ct 4).	
4	Bounce on R and swing L slightly to L above the floor (ct 1); bounce on R and swing L slightly to R above the floor in front of R (ct 2); step L in front of R (ct 3); step R to R (ct &); step L in front of R (ct 4).	
	<u>VARIATION</u> (meas 2) – Called by the leader	
2	Make a full turn L (CCW) in place with the following steps: step R in front of L while turning L (ct 1); step L in place, while continuing the turn; repeat action of cts 1-2, continuing the turn (cts 3-4), fwd on R to ctr and bkwd on L.	

Presented by Roberto Bagnoli