

Contra Dances

Figure Eight (Old Time)

1,3,5, ETC. CROSSOVER & ACTIVE

Counts

- 8 Actives cross inside below the second couple, up the outside
- 8 Cross over inside below the second couple, up the outside
- 8 Inactives cross inside up above the first couple, down the outside
- 8 Cross over inside up above the first couple, down the outside
- 8 Actives down the center
- 8 Same way back, cast off
- 8 R and L thru
- 8 R and L thru, back to place

German Spa

VARIATION OF A DANCE
IN THE YEAR 1794

PROPER LINES, 1,3,5,7, ETC. ACTIVE

Counts

- 8 Four-hand right-hand star, double balance
- 8 Turn the star half, everybody left face, roll
- 8 Left-hand star, double balance
- 8 Turn the star half, everybody right face, roll
- 8 Actives down the center, turn alone
- 8 Come back to place, cast off
- 8 Circle four left
- 8 Left-hand four-hand star

Good Man Of Ballangay

TRADITIONAL 1650

PROPER LINES, 1, 3, 5, 7, ETC. ACTIVE

Counts

- 8 One's split the Two's (Actives split Inactives)
- 8 Gents split the ladies
- 8 Two's split the One's (Inactives split Actives)
- 8 Ladies split the gents
- 8 Number One lady and Number Two man set or balance, turn alone (half gypsy)
- 8 Circle four left half way
- 8 Everybody set or balance, pass thru, turn alone, set-petronella balance & roll (right face)

Contra Dances--continued

Jerry's Waltz Contra

By Jerry Helt

PROPER LINES, ALL CROSS OVER

Counts

- 8 Actives waltz down away and together, California twirl
- 8 Actives waltz up and away, together, roll out
- 8 Inactives, waltz down and away, together, California twirl
- 8 Inactives waltz up and away, together, roll out
- 8 Right-hand star once
- 8 Right-hand balance, forward & back, box the gnat
- 8 Right-hand balance, forward & back, box the gnat
- 8 R and L thru (same sex)

Sackett's Harbor Contra

1,4,7, ETC. COUPLES ACTIVE. NOT CROSSED OVER

Counts

- 8 Forward six & back
- 8 Circle six left 1/4
- 8 Actives down the center
- 8 Turn alone, come back, cast off 3/4
- 16 Turn contra corners
- 8 Forward six & back
- 8 Circle six right 3/4

Squeeze Play Contra

By Jerry Helt

WRONG SIDE, ALL CROSS OVER

Counts

- 8 Actives down the center
- 8 Actives back up the center
- 8 Inactives down the center
- 8 Inactives back up the center
- 8 Everybody do sa do partner
- 8 Everybody star thru and California twirl
- 8 Actives squeeze in and line of four go down
- 8 Come back up and bend the line

Contra Dances--continued

The Primer Contra

By Jerry Helt

1, 3, 5, 7, ETC., CROSS OVER

Counts

- 8 Everybody down the center with your own
- 8 Turn alone, come back to place
- 8 Ladies down the center
- 8 Turn alone, come back to place
- 8 Gents down the center
- 8 Turn alone, come back to place
- 8 Everybody pass thru, turn alone
- 8 R and L thru

(Ends have an automatic crossover every other time)

Three Broken Sixpence

By Jerry Helt

1, 3, 5, 7, ETC. CROSS OVER & ACTIVE

Counts

- 8 Do sa do below
- 8 Ladies do sa do
- 8 Men do sa do
- 8 Actives swing your own
- 8 Three in line down you go
- 8 Right hand high, left hand low, come back
- 8 Ladies chain
- 8 Left hand star

Wheelbarrow Contra

By Jerry Helt

ALTERNATE DUPLÉ. 1, 3, 5, ACTIVE AND CROSSED OVER

Music: Irish Washerwoman on Sundown Ranch Records

- 16 Wheelbarrow do sa do. (Joining both hands with the one below, as a couple with the men guiding the ladies, men pass back to back around the opposite couple and return to place.
- 8 Heel-toe slide out; heel-toe slide in
- 8 Heel-toe slide out; heel-toe slide in
- 8 Same lady do sa do
- 8 Same lady swing
- 16 Slow square thru

Presented by Jerry Helt