

FDC NOTES

CHASE RIGHT

STARTING FORMATION-TWO COUPLES BACK TO BACK. TIMING-6

EACH RIGHT-HAND DANCER DOES AN EXAGGERATED ZOOM ACTION, MOVING INTO THE POSITION PREVIOUSLY OCCUPIED BY THE RIGHT-HAND DANCER BEHIND HIM, TO FINISH FACING IN THE SAME DIRECTION AS WHEN HE STARTED THE ZOOM ACTION. (THE NET RESULT IS THE SAME AS IF THE RIGHT-HAND DANCER HAD DONE A RIGHT FACE "U" TURN BACK & BOX CIRCULATE TWICE). THE LEFT-HAND DANCER FOLLOWS ("CHASES") THE RIGHT-HAND DANCER BY DOING A BOX CIRCULATE TWO POSITIONS. THE CALL FINISHES IN A BOX CIRCULATE FORMATION.

STYLING: ALL DANCERS HAVE ARMS IN NATURAL DANCE POSITION. LADIES' SKIRT WORK OPTIONAL. RIGHT HAND DANCER USES FLOWING MOTION RATHER THAN AN ABRUPT TURN AROUND. WHEN TWO COUPLES (e.g., THE HEADS) DO CHASE RIGHT IN THE CENTER OF THE SQUARE, IT IS IMPORTANT FOR THOSE DOING THE ZOOM MOTION TO KEEP THE ACTION TIGHT AND AVOID BUMPING INTO THE OUTSIDE DANCERS. AT THE SAME TIME, THOSE, NOT INVOLVED IN THE CHASE RIGHT, MOVE, IF POSSIBLE AND COMFORTABLE, AWAY FROM THE CENTER TO ALLOW MORE SPACE FOR THE ACTION.

FDC NOTES

CROSSFIRE STARTING FORMATION—TWO FACED LINE, PARALLEL LINES OF FOUR, INVERTED LINE(S) TIMING—6

AS THE CENTERS BEGIN TO TRADE, THE ENDS CROSS FOLD. UPON COMPLETING THEIR TRADE, THE CENTERS RELEASE HANDS AND STEP STRAIGHT FORWARD FORMING AN OCEAN WAVE OR MINI-WAVE WITH THE DANCERS THEY ARE FACING. IF THE TRADE LEAVES THE ORIGINAL CENTERS FACING NO ONE, THEY STEP FORWARD AND REMAIN FACING OUT.

STYLING: IF STARTING FORMATION IS A TWO-FACED LINE, CENTER DANCERS USE HANDS UP POSITION FOR TRADING ACTION AND BLEND INTO NORMAL MINI WAVE STYLING. IF STARTING FORMATION IS PARALLEL LINES OF FOUR THAT RESULTS IN CENTERS FACING NO ONE, THAT COUPLE JOINS HANDS WITH A COUPLE HANDHOLD.

CHASE RIGHT DRILLS

By Jerry Helt

HEADS PASS THRU, CHASE RIGHT
WALK & DODGE, PARTNER TRADE

HEADS SQUARE THRU FOUR HANDS
PASS THRU, CHASE RIGHT, WALK & DODGE, PARTNER TRADE
LEFT ALLERMANDE

HEADS LEAD RIGHT, CIRCLE TO A LINE
LINES PASS THRU, CHASE RIGHT, WALK & DODGE
PARTNER TRADE, LEFT ALLEMANDE, ETC.

CROSSFIRE DRILLS

By Jerry Helt

HEADS PASS THRU, PARTNER TRADE
SWING THRU, BOYS RUN RIGHT, CROSSFIRE
WALK & DODGE, PARTNER TRADE

HEADS SQUARE THRU FOUR HANDS
DO A RIGHT & LEFT THRU
SWING THRU, BOYS RUN RIGHT
CROSSFIRE, WALK & DODGE, PARTNER TRADE
LEFT ALLEMANDE, ETC.

HEADS LEAD RIGHT, CIRCLE TO A LINE
DO A RIGHT & LEFT THRU
SWING THRU, BOYS RUN RIGHT
CROSSFIRE, WALK & DODGE
(ZERO LINES OF FOUR)

CIRCLE FAMILY

DANCE ACTION: DANCERS JOIN HANDS WITH ADJACENT DANCERS TO FORM A CIRCLE AND MOVE THE CIRCLE IN THE INDICATED DIRECTION, OR TO THE LEFT IF NO DIRECTION WAS GIVEN.

FORWARD & BACK

DANCE ACTION: DANCERS JOIN HANDS WITH THOSE NEXT TO THEM, WALK FORWARD 3 STEPS, PAUSE, WALK BACKWARDS 3 STEPS AND PAUSE.

DO SA DO

DANCE ACTION: WALKING A SMOOTH CIRCULAR PATH, DANCERS WALK FORWARD, PASSING RIGHT SHOULDERS, SLIDE SIDEWAYS TO THE RIGHT, WALK BACKWARDS, PASSING LEFT SHOULDERS, AND SLIDE SLIGHTLY TO THE LEFT TO RETURN TO THEIR STARTING POSITION.

SWING

DANCE ACTION: DANCERS STEP FORWARD AND SLIGHTLY TO THEIR LEFT, USE A BALLROOM HOLD, AND ROTATE CLOCKWISE AS A UNIT FOR FOUR OR MORE BEATS OF MUSIC. AS DANCERS END THE SWING, THE WOMAN CONTINUES TURNING TO HER RIGHT (UNROLLING ALONG THE MAN'S RIGHT ARM) UNTIL SHE IS FACING THE SAME DIRECTION AS THE MAN.

PROMENADE FAMILY

A PROMENADE IS A WALK AROUND THE SET BY SOME OR ALL DANCERS. THE ACTIVE DANCERS MAY GO AS INDIVIDUALS OR AS COUPLES. THEY MAY GO IN PROMENADE DIRECTION (COUNTERCLOCKWISE WHEN VIEWED FROM ABOVE) OR WRONG WAY PROMENADE DIRECTION. THEY MAY TRAVEL ALL THE WAY AROUND THE SET OR A SHORTER DISTANCE.

ALLEMANDE FAMILY

IN ITS MOST GENERAL FORM, AN ALLEMANDE LEFT IS SIMPLY AN ARM TURN BY THE LEFT (PLUS A STEP THRU AS THE DANCERS HEAD TOWARDS THEIR NEXT DANCER INTERACTION). WHILE ARM TURNS ARE USED FOR GENERAL ARM TURNS, ALLEMANDE LEFT IS MOSTLY RESERVED FOR AN ARM TURN WITH YOUR CORNER.

RIGHT AND LEFT GRAND FAMILY

DANCE ACTION: IF NECESSARY, MEN TURN UP TO 90 DEGREES TO FACE PROMENADE DIRECTION AND WOMEN TURN UP TO 90 DEGREES TO FACE REVERSE PROMENADE DIRECTION. DANCERS BLEND INTO A CIRCULAR FORMATION AS THEY RIGHT PULL BY, LEFT PULL BY, RIGHT PULL BY, LEFT PULL BY.

STAR FAMILY

DANCE ACTION: THE DESIGNATED DANCERS FORM A STAR BY STEPPING FORWARD IF NECESSARY AND PLACING THE APPROPRIATE HAND IN THE CENTER OF THE FORMATION. FORMING THE STAR MAY REQUIRE A DANCER TO INDIVIDUALLY TURN IN PLACE UP TO 3/8 OF A TURN. DANCERS TURN THE STAR BY WALKING FORWARD IN A CIRCLE AROUND THE CENTER OF THE STAR.

STAR PROMENADE

DANCE ACTION: DIRECTED DANCERS (e.g., MEN) FORM (OR ARE ALREADY IN) A STAR AND TURN IT. WHEN THEY ENCOUNTER THE NEXT DIRECTED DANCER (e.g., PARTNER) THEY BECOME A COUPLE, AND PROMENADE WHILE RETAINING THE CENTER STAR.

PASS THRU

STARTING FORMATION: FACING DANCERS
DANCE ACTION: DANCERS MOVE FORWARD, PASSING RIGHT SHOULDERS WITH EACH OTHER AND END BACK-TO-BACK.

SPLIT FAMILY

DANCE ACTION: THE ACTIVE OR DIRECTED DANCERS MOVE FORWARD BETWEEN THE TWO INACTIVE DANCERS (SPLITTING THEM). THE INACTIVE DANCERS MOVE APART TO LET THEM THROUGH THE THEN MOVE BACK TOGETHER.

HALF SASHAY FAMILY

DANCE ACTION: DANCERS EXCHANGE PLACES WITHOUT CHANGING FACING DIRECTIONS. DANCER ON THE RIGHT SIDE STEPS TO THE LEFT WHILE THE DANCER ON THE LEFT STEPS BACK, SIDE STEPS TO THE RIGHT, THEN STEPS FORWARD, ENDING AS A COUPLE.

TURN BACK FAMILY

DANCE ACTION: THE DANCER DOES AN INDIVIDUAL ABOUT-FACE TURN (180 DEGREES) IN PLACE, TURNING TOWARD PARTNER UNLESS THE BODY FLOW DICTATES OTHERWISE. IF ALONE (i.e., NO PARTNER), THE DANCER TURNS TOWARD THE CENTER OF THE SET. IF THE SOLO DANCER IS FACING DIRECTLY TOWARD OR AWAY FROM THE CENTER OF THE SET, THE TURN MAY BE IN EITHER DIRECTION.

SEPARATE FAMILY

DANCE ACTION: THE ACTIVE OR DESIGNATED COUPLE IS ON SQUARED SET SPOTS. THE DANCERS TURN BACK-TO-BACK AND START WALKING FORWARD IN OPPOSITE DIRECTIONS AROUND THE OUTSIDE OF THE SQUARE AWAY FROM EACH OTHER UNTIL THEY MEET ANOTHER DANCER. THE CALL ENDS HERE UNLESS FURTHER INSTRUCTIONS ARE GIVEN (e.g., "AND COME BACK HOME").

COURTESY TURN

STARTING FORMATION-COUPLE, FACING DANCERS. THE MAN (LEFT HAND DANCER) TAKES THE LADY'S (RIGHT HAND DANCER) LEFT HAND (PALM DOWN) IN HIS LEFT (PALM UP) AND PLACES HIS RIGHT HAND IN THE SMALL OF THE LADY'S BACK. WORKING AS A UNIT, THE COUPLE TURNS AROUND WITH THE LEFT HAND DANCER BACKING UP AND RIGHT HAND DANCER WALKING FORWARD. UNLESS OTHERWISE SPECIFIED, THE COUPLE FACES THE CENTER OF THE SET OR THE CENTER OF THE FORMATION IN WHICH IT IS WORKING.

LADIES CHAIN FAMILY

STARTING FORMATION-FACING COUPLES (MAN ON LEFT, LADY ON RIGHT). THE LADIES STEP FORWARD, EXTEND RIGHT HANDS TO EACH OTHER AND PULL BY. EACH MAN STEPS FORWARD AND TO THE RIGHT, TURNING LEFT TO FACE THE SAME DIRECTION AS THE LADY BESIDE HIM. THE LADY EXTENDS A LEFT HAND TO THE MAN FOR A COURTESY TURN. COUPLES END FACING EACH OTHER.

LEAD RIGHT

DANCE ACTION: DIRECTED COUPLE (S), WORKING AS A UNIT, MOVE FORWARD ALONG A 90 DEGREE ARC TO FACE THE COUPLE (OR WALL) TO THEIR RIGHT.

RIGHT AND LEFT THRU

STARTING FORMATION: FACING COUPLES
DANCE ACTION: RIGHT PULL BY; COURTESY TURN

CIRCLE TO A LINE

STARTING FORMATION-FACING COUPLES. COUPLES CIRCLE LEFT ONE HALF (180°). THE LEAD DANCER IN THE COUPLE WHO STARTED ON THE INSIDE (MAN'S POSITION) RELEASES THE LEFT HANDHOLD, BUT RETAINS THE HANDHOLD OF THE DANCER ON HIS RIGHT TO BECOME THE LEFT END DANCER OF THE LINE. THE RELEASED DANCER MOVES FORWARD UNDER THE RAISED ARM ARCH FORMED BY THAT DANCER AND THE ADJACENT DANCER TO BECOME THE RIGHT END DANCER IN THE LINE.

BEND THE LINE

DANCE ACTION: EACH HALF OF THE LINE, WORKING AS A UNIT, TURNS 90 DEGREES TO FACE THE CENTER OF THE FORMATION.

DOUBLE PASS THRU

STARTING FORMATION-DOUBLE PASS THRU. DANCERS MOVE FORWARD, PASSING RIGHT SHOULDERS WITH TWO OTHER DANCERS TO FINISH FACING AWAY FROM THE CENTER OF THE SET IN A COMPLETED DOUBLE PASS THRU FORMATION.

GRAND SQUARE

STARTING FORMATION-SQUARE. A CALL THAT HAS THE SIDES DOING ONE PART WHILE AT THE SAME TIME THE HEADS ARE DOING ANOTHER. HEADS MOVE FORWARD INTO THE SQUARE (4 STEPS), TURNING $\frac{1}{4}$ (90°) ON THE FOURTH STEP TO FACE PARTNERS AND BACK AWAY TO THE SIDES OF THE SQUARE (4 STEPS). TURN $\frac{1}{4}$ (90°) TO FACE THE ORIGINAL OPPOSITES. BACK AWAY TO THE CORNERS OF THE SQUARE (4 STEPS) AND TURN $\frac{1}{4}$ (90°) TO FACE ORIGINAL PARTNERS AND WALK FORWARD TO HOME (4 STEPS). DO NOT TURN. (TOTAL TO HERE: 16 STEPS.) FROM THIS POINT THE ACTION IS REVERSED. HEADS BACK AWAY FROM THEIR PARTNERS (4 STEPS), TURNING $\frac{1}{4}$ (90°) ON THE FOURTH STEP AND WALK FORWARD TO THE OPPOSITES (4 STEPS). TURN $\frac{1}{4}$ AND WALK FORWARD INTO THE CENTER TOWARD PARTNERS (4 STEPS). TURN $\frac{1}{4}$ (90°) TO FACE OPPOSITES AND BACK UP TO HOME (TOTAL: 32 STEPS). WHILE THE HEAD COUPLES ARE DOING THE FIRST 16 STEPS, THE SIDES START BY FACING THEIR PARTNERS TO BACK AWAY AND DO THE SECOND 16 STEPS. COMPLETING THIS, THE SIDES DO THE FIRST 16 STEPS, WHILE THE HEADS ARE DOING THE LAST 16. THE PRINCIPLE OF WALKING 3 STEPS AND THEN TURNING (OR REVERSING) ON THE FOURTH STEP IS FOLLOWED THROUGHOUT.

CALIFORNIA TWIRL

DANCE ACTION: DANCERS RAISE JOINED HANDS TO FORM AN ARCH AND EXCHANGE PLACES WITH EACH OTHER BY HAVING THE WOMAN WALK FORWARD AND UNDER THE ARCH ALONG A TIGHT LEFT-TURNING SEMI-CIRCLE. THE MAN WALKS A SLIGHTLY WIDER RIGHT-TURNING SEMI-CIRCLE. DANCERS HAVE EXCHANGED PLACES, PASSING RIGHT SHOULDERS, AND ARE BOTH FACING IN THE OPPOSITE DIRECTION FROM WHICH THEY STARTED.

DIVE THRU

DANCE ACTION: ONE COUPLE MAKES AN ARCH BY RAISING THEIR JOINED HANDS, WHILE THE OTHER COUPLE DUCKS UNDER THE ARCH. BOTH MOVE FORWARD. THE COUPLE MAKING THE ARCH DOES A CALIFORNIA TWIRL.

STAR THRU

STARTING FORMATION: FACING DANCERS (MAN FACING WOMAN)
 DANCE ACTION: MAN PLACES HIS RIGHTR HAND AGAINST WOMAN'S LEFT
 HAND, PALM TO PALM WITH FINGERS UP, TO MAKE AN ARCH. AS THE
 DANCERS MOVE FORWARD THE WOMAN DOES $\frac{1}{4}$ (90 DEGREES) LEFT FACE
 TURN UNDER THE ARCH, WHILE THE MAN DOES A $\frac{1}{4}$ (90 DEGREES) TURN
 TO THE RIGHT MOVING PAST THE WOMAN.

SQUARE THRU FAMILY

STARTING FORMATION-FACING COUPLES. FACING COUPLES JOIN RIGHT
 HANDS AND PULL BY. TURN IN $\frac{1}{4}$ (90DEGREES), JOIN LEFT HANDS AND
 PULL BY. (A $\frac{1}{2}$ SQUARE THRU HAS BEEN COMPLETED) TURN IN $\frac{1}{4}$ (90
 DEGREES) AND JOIN RIGHT HANDS WITH FACING DANCER AND PULL BY.
 (A $\frac{3}{4}$ SQUARE THRU HAS BEEN COMPLETED.) TURN IN $\frac{1}{4}$ (90 DEGREES),
 JOIN LEFT HANDS AND PULL BY, BUT DO NOT TURN. (A FULL SQUARE
 THRU HAS BEEN COLPLETED.)

WALK AROUND THE CORNER

(Name change from "All Around the Left Hand Lady")

DANCE ACTION: DANCERS FACE THEIR CORNERS. WALKING FORWARD
 AND AROUND EACH OTHER WHILE KEEPING RIGHT SHOULDERS
 ADJACENT, DANCERS RETURN TO THEIR ORIGINAL POSITION, WITH THEIR
 BACKS TOWARD THEIR CORNER.

SEE SAW

STARTING FORMATION-SQUARE OR CIRCLE. EACH DANCER WALKS
 FORWARD AND AROUND THE PARTNER KEEPING LEFT SHOULDERS
 ADJACENT, THEN STEPS FORWARD TO FACE THE CORNER.

BOX THE GNAT

STARTING FORMATION-FACING DANCERS (MAN & LADY). DANCERS STEP
 FORWARD, JOIN AND THEN RAISE THEIR RIGHT HANDS. THE LADY STEPS
 FORWARD AND DOES A LEFT-FACE "U" TURN BACK UNDER THE RAISED
 JOINED HANDS, AS THE MAN WALKS FORWARD AND AROUND THE LADY
 WHILE DOING A RIGHT-FACE "U" TURN BACK. DANCERS END FACING
 EACH OTHER, EACH IN THE OTHER'S STARTING POSITION.

DO PASO

DANCE ACTION: LEFT ARM TURN WITH PARTNER UNTIL FACING CORNER AND RELEASE ARMHOLD. RIGHT ARM TURN WITH CORNER UNTIL FACING PARTNER AND RELEASE ARMHOLD. IF THERE IS NO FURTHER INSTRUCTION, COURTESY TURN PARTNER TO END FACING THE CENTER OF THE SET.

ALLEMANDE THAR

AN ALLEMANDE THAR STAR IS A FORMATION AND MAY BE FORMED AT THE END OF ANY LEFT ARM TURN BY THE CENTER DANCERS (OR THOSE DIRECTED) FORMING A RIGHT HAND BOX STAR AND BACKING UP. EACH OUTSIDE DANCER HOLDS THE LEFT FOREARM OF A CENTER DANCER AND WALKS FORWARD.

SHOOT THE STAR

STARTING FORMATION-THAR OR WRONG WAY THAR. THE HANDHOLDS FORMING THE CENTER STAR ARE RELEASED AS EACH CENTER DANCER AND THE ADJACENT OUTSIDE DANCER ARM TURN $\frac{1}{2}$ (180°) OR FULL (360°) AS DIRECTED. IF $\frac{1}{2}$ OR FULL IS NOT DIRECTED, THE ARM TURN IS $\frac{1}{2}$.

SLIP THE CLUTCH

STARTING FORMATION-THAR OR WRONG WAY THAR. DANCERS IN THE CENTER OF THE THAR STOP AND, WHILE RETAINING THE STAR, RELEASE ARM HOLDS WITH THE DANCERS BESIDE THEM. EVERYONE THEN MOVES FORWARD WITHIN THE CIRCLE IN WHICH HE WAS TRAVELING WHILE IN THE THAR.

WHEEL AROUND

STARTING FORMATION-COUPLE. THE COUPLE, WORKING AS A UNIT, TURNS AROUND (180°). THE LEFT HAND DANCER BACKS UP WHILE THE RIGHT HAND DANCER MOVES FORWARD. THE PIVOT POINT IS THE HANDHOLD BETWEEN THE TWO DANCERS.