

U rekee

(Russia)

This lyrical circle dance is an example of De Russian School of folk dance. The music is composed as an instrumental piece. Traditional circle dances are always accompanied by a dance song. Mid 20th century, Soviet choreographers introduced the circle dances that were danced to instrumental music. The dance is choreographed by Hennie Konings and introduced by him in 2002 in a Russian/Ukrainian folkdance trip in the Ukraine. The name translates as “by the river.”

Pronunciation: OO reh-KEE

CD: Russian Dances by Hennie Konings, Stockton 2006

4/4 meter

Formation: Closed circle, hands joined in V-pos.

Steps: Pripandanya R: Small step on R to R side with knee slightly bent (ct 1); step on ball of L ft across behind R with L knee extended (ct 2).

Meas

Pattern

4 meas INTRODUCTION. No action.

PATTERN

- 1 3 steps fwd to ctr R-L-R (cts 1,&,2); 3 steps fwd L-R-L (cts 3,&,4). During meas 1 hands are slowly raised to W-pos.
- 2 Repeat meas 1 bkwd, lowering hands to sides.
- 3 Step sdwd on R in LOD (ct 1); step on L next to R (ct &); step sdwd on R in LOD (ct 2); step on L next to R, both knees slightly bent (ct &); repeat cts 1-2 with opp ftwk and direction (cts 3,4).
- 4 Step on R in place and close L to R while making a slow bow.
- 5-8 Facing LOD, 8 two-steps, beg R.
- 9-10 Facing ctr, 8 Pripandanya steps sdwd to R, beg R, except that the final step L becomes a touch with L heel.
- 11-12 Repeat meas 9-10 with opp ftwk and direction. During meas 12 hands are released and put on waist.
- 13 4 Pripandanya steps in place (end with touch L) while making a full turn CW.
- 14 4 Pripandanya steps in place (end with touch R) while making a full turn CCW.
- 15 Release hands from waist and lower to side (cts 1-2); place R hand on heart (cts 3-4).
- 16 Raise R hand above head (cts 1-2); bow (cts 3-4).

Presented by Hennie Konings