

Triandafilia

(Greece)

Triandafilia is a Greek women's dance from the Halkidiki peninsula. I learned the dance from Joe Graziosi in 1997.

Pronunciation: tree-ahn-dah-feel-YAH

Music: "Triandafilia" 4/4 meter

Formation: Open circle. Hands joined in front-basket hold (R arm under, L over).

Cts

Pattern

I. STA TRIA

- 1-6 Facing ctr and moving R (LOD), step on R to R (ct 1); step on L across behind R ft (ct 2); step on R to R, leaning slightly L (ct 3); bring L ft around in a CCW circle near to the floor (ct 4); step on L to L, leaning slightly R (ct 5); bring R ft around in a CW circle near floor (ct 6). (Gentle knee bend on every ct. During cts 3-6 the body is swaying "like a bell.")
- 7-24 Repeat cts 1-6 three more times (4 times in all).

II. GRAPEVINE

- 1-4 Continuing to face ctr and move to the R, step on R to R, bending knee (ct 1); step on L across behind R (ct 2); step on R to R (ct &); step on L across in front of L, bending knee (ct 3); step on R to R (ct 4); step on L across behind R (ct &).
- 5-8 Repeat Fig I, cts 3-6.
- 9-16 Repeat cts 1-8.

SEQUENCE: Fig I, Fig II, Fig I, Fig II, Fig I, Fig II, Fig II, Fig I, Fig II + ending (That is: repeat Fig II one more time on the third repetition of the dance, during the drum solo.)

The ending is simply: Step on R to R (ct 1); step on L across behind R (ct 2); step on R to R (ct 3); bring ft tog by placing L ft next to R (ct 4).

Dance notes by Lee Otterholt.

Presented by Lee Otterholt.