

Dorozhka

(Russia)

The dance is choreographed by Hennie Konings based on folk dance movements from the repertoire of the Cossaks of southern Russia. The song is a marching song, also used as dance song. The dance was introduced by Hennie Konings in the Russian Summer Dance Camp in Germany in 1998. The name translates as “small road,” a word from the title and first line of the accompanying song: *Proljegala stepj-dorozhka* (“The small road over the steppe”).

Pronunciation: dah-ROHSH-kah

CD: Russian Dances by Hennie Konings, Stockton 2006

2/4 meter

Formation: Closed circle, hands joined in V-pos.

Meas

Pattern

INTRODUCTION

- 1-4 8 steps CCW beg R.
- 5-6 4 steps twd ctr beg R, fourth step is a stamp with wt.
- 7-8 3 steps bkwd beg R (cts 1,2,1).
- 8-9 Releasing hands, take 3 steps in a small 3/4 circle CCW, ending facing LOD (cts 2,1,2).

FIGURE I (no hand hold)

- 1 Step on R heel fwd in LOD (ct 1); step on L next to R (ct &); stamp R, taking wt with slightly bent knee, still moving fwd in LOD (ct 2). During meas 1 both arms make a curve starting down and moving sdwd to the R (at which point L arm is bent in front of chest).
- 2 Repeat meas 1 with opp ftwk and arms, moving in LOD.
- 3-6 Repeat meas 1-2 two more times (3 total).
- 7 Repeat meas 1.
- 8 2 stamps with wt L-R while turning to face ctr (cts 1,2). Bring L hand on the back and R arm bent in front of chest.
- 9 Heavy step on L in place with knee slightly bent (ct 1); step on R slightly sdwd in LOD (ct &); repeat cts 1, & (cts 2,&).
- 10-12 Repeat meas 9 three more times (4 total). During meas 9-10 R arm (palm up) opens to the R side, while during meas 11-12 the R arm moves back (palm down) in front of chest.
- 13-15 Repeat meas 9-11.
- 16 Repeat meas 9, cts 1, & (cts 1,&); step on L, turning to face LOD (ct 2).

FIGURE II (no hand hold)

- 1 Step fwd on R in LOD (ct 1); step on L (ct &); stamp R heel next to L ft, no wt (ct 2); step on R (ct &). During meas 1, body turns slightly to R. Arms are in the air and make a small movement to the L.
- 2 Repeat meas 1 with opp ftwk and body/arm movement, moving in LOD.

Dorozhka—continued

- 3 Facing LOD, stamp R next to L, no wt, both arms making a fast circular movement in front of body from up in the air via L side and down to R side (ct 1); heavy step fwd on R lifting L ft behind (ct &); brush-stamp with L heel from back to front (ct 2); touch L heel in front, keeping ft on the floor. Arms have moved to L side.
- 4 Step on L, lifting R ft behind (ct 1); brush-stamp with R heel from back to front (ct &); touch L heel in front keeping ft on the floor (ct 2); step on R (ct &).
- 5-8 Repeat meas 1-4 with opp ftwk and body movement, moving in LOD.
- 9-16 Repeat meas 1-8.

CLOSING

- 1-17 Repeat Introduction, meas 1-17.
- 18 3 steps R-L-R finishing the small circle that was started in meas 17 (cts 1,&,2), ending facing ctr, taking hands in V-pos.
- 19-26 Repeat Fig I, meas 9, cts 1,& sixteen times in LOD, but with softer, smaller movement.

Presented by Hennie Konings