

## Bufčansko oro

(Macedonia – the region of Pelagonia and northern Greece)

Women's dance; the name derives from the village Buv between the towns of Bitola and Lerin, nowadays Florina in Greece.

Pronunciation: BOOF-tschahn-skoh OR-roh

CD: CD 1104/08, Band 10 2/4 meter

Formation: Women and girls in an open circle or line, hands joined in W-pos (Fig I) and in V-pos (Fig II); face center, L foot free.

Styling: Bouncing and elegant.

### Meas

### Pattern

2 notes INTRODUCTION. The first two notes from the gajda (bagpipe).

#### FIGURE I (arms in W-pos)

##### A-phrase (= the lower music)

- 1 Step diag back to L (ct 1); step on R next to L (ct 2);
- 2 Step on L diag fwd to R (ct 1); bounce on L turning to face diag L (ct 2).
- 3 Step on R diag back to R (ct 1); step on L diag back to R (ct 2).
- 4 Step on R diag back to R (ct 1); bounce on R turning to face diag R (ct 2).
- 5 Step on L diag fwd to R (ct 1); step on R diag fwd to R (ct 2).
- 6 Step on L diag fwd to R (ct 1); bounce on L turning to face ctr (ct 2).
- 7 Step on R to R side with bouncing movement on L ft (ct 1); bounce on both ft (ct 2).
- 8 Step on L next to R with bouncing movement (ct 1); bounce on both ft (ct 2).
- 9-16 Repeat meas 1-8.

##### B-phrase (= the higher music)

- 17-18 Repeat meas. 1-2.
- 19 Step on R across in front of L in RLOD (ct 1); step on L (ct 2).
- 20 Step on R across in front of L (ct 1); bounce on R, L ft swinging around R leg (ct 2).
- 21-22 Repeat meas 19-20 with opp ftwk in LOD, but R ft stays next to L ft.
- 23-24 Repeat ftwk meas 7-8.
- 25-32 Repeat meas 17-24.

#### FIGURE II (arms in V-pos)

##### A-phrase (= the lower music)

- 1-6 Lowering hands to V-pos repeat meas 1-6. Each bounce changes to a hop, every step changes in a running step.
- 7 Step on R to R with a bouncing movement on L ft (ct 1); keeping wt on R, pull L ft twd R ft (ct 2).
- 8 Step on L diag back to L (ct 1); bringing R ft next to L and back, step diag back on R (ct 2).

## Bufčansko oro—continued

- 9 Repeat meas 8.  
10 Step on L diag fwd to R (ct 1); bounce on L turning to face diag L (ct 2).  
11-16 Repeat meas 1-6.

B-phrase (= the higher music)

- 17-32 Repeat meas 1-16 with the new transition.

FIGURE III (arms in W-pos) (“exiting the stage”)

Toward the end of the dance repeat only Fig II, meas 1-3 to finish with step R and touch L.

Description by Paul Mulders

Presented by Paul Mulders