

# Balkan Rumba

(Romania)

Novelty dance loosely based on footwork of “Calushari”: men dancing “Calush” (The Little Horse), a Romanian ritual men’s dance. Source: Daniel Sandu, Albuquerque spring workshop 2006.

Music: 4/4 meter

Formation: Hands joined down. When moving LOD, face halfway between center and LOD; and face halfway between center and RLOD when moving RLOD.

Styling: Loose.

## Meas

## Pattern

7 3/4 meas INTRODUCTION. No action. The cowbell is on the beat; when the bass joins in there are four more meas to go.

### PART I

- 1 Moving in LOD step on R (ct 1); light heel stamp L next to R, no wt (ct 2); step on L slightly back (ct &); still moving LOD step fwd on R (ct 3); light heel stamp L next to R, no wt (ct 4).
- 2 Repeat meas 1, but facing and moving in RLOD with opp ftwk.
- 3-4 Repeat meas 1-2.

### PART II

- 1 Repeat Part I, meas 1, cts 1, 2, & (cts 1,2,&); repeat again (cts 3,4,&).
- 2 Repeat Part I, meas 1.
- 3-4 Repeat meas 1-2, but with opp ftwk and direction.
- 5-8 Repeat meas 1-4.

### PART III

- 1 Moving in LOD, knees bent slightly, take four small tight steps, R-L-R-L (cts 1,&,2,&); repeat Part II, meas 1, cts 3, &, 4 (cts 3,4,&).
- 2 Repeat Part II meas 2.
- 3-4 Repeat meas 1-2 with opp ftwk and direction.
- 5-8 Repeat meas 1-4.

### PART IV

- 1 Repeat Part I, meas 1.
- 2 Moving in RLOD, knees bent slightly take four small tight steps, L-R-L-R (cts 1,&,2,&); step fwd on L (ct 3); stamp on R next to L (ct 4).
- 3-4 Repeat meas 1-2.

Notes by Gary Diggs

Presented by Gary Diggs